

AUDIO-VISUAL AND LITERATURE RESOURCE GUIDE

Missouri Department of Health and Senior Services

Oral Health Program

The Missouri Department of Health and Senior Services' Oral Health Program is committed to providing quality services. A variety of audio-visual and printed literature is available through the Department of Health and Senior Services. This brochure lists media directly related to oral health care. Below is the index describing each item.

VIDEOS

Brushing & Flossing

Title:	<i>It's Dental Flossophy, Charlie Brown</i>
Grade level:	Elementary
General Description:	Lucy teaches Charlie Brown and Snoopy how to floss while Woodstock makes his own use of floss
Title:	<i>Tooth brushing with Charlie Brown</i>
Grade level:	Elementary
General Description:	Charlie Brown teaches Linus and Snoopy how to brush properly.
Title:	<i>Brushing Magic with Dudley and Dee Dee</i>
Grade level:	Preschool
General Description:	Dudley uses magic to teach little sister, Dee Dee, all about brushing and flossing.
Title:	<i>Brushing and Flossing</i>
Grade level:	General
General Description:	Video shows the proper way to take care of teeth and gums. Beginning with a review of the importance of a proper diet to ensure good dental health, and a demonstration of the correct way to brush and floss.

Dental Health Education	
Title:	<i>Health Action: Dental Health</i>
Grade level:	General
General Description:	Many topics are covered by demonstration, discussion or question and answer. Some of the topics include plaque, tooth decay, periodontal disease, brushing and flossing, baby bottle tooth decay and malocclusion.
Title:	<i>Tooth Truth with Harv and Marv</i>
Grade level:	Elementary
General Description:	Young viewers learn the basics of good dental hygiene and its importance; how foods containing sugar form acid on teeth and cause cavities; the correct ways to floss and brush; and about nutritious foods and healthful snacks.
Title:	<i>Padres Ayudando Padres (Parents Helping Parents)</i>
Grade level:	Adults
General Description:	This video thoroughly discusses the problems resulting from improper use of the baby bottle and how a bottle can contribute to tooth decay is explained and illustrated. (Spanish version)
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Grade level:	Adults
General Description:	This video thoroughly discusses the problems resulting from improper use of the baby bottle and how a bottle can contribute to tooth decay is explained and illustrated.
Title:	<i>Dudley and Dee Dee in Nutrition Land</i>
Grade level:	Elementary
General Description:	In this video, Dudley the Dinosaur and sister Dee Dee take an educational journey through Nutrition Land where they learn about the food groups and how they impact dental health.
Title:	<i>Dudley's Classroom Adventure</i>
Grade level:	Elementary

General Description:	This video takes kids on a fun-filled classroom adventures as Dudley the Dinosaur writes a report on a healthy mouth.
Title:	<i>Dudley's Visit to the Dentist</i>
Grade level:	Elementary
General Description:	Animated video takes Dudley the Dinosaur through a visit to the dentist.
Title:	<i>Prevention, Ages 1 to 5</i>
Grade level:	Adults
General Description:	This video teaches parents about tooth eruption, baby bottle tooth decay, fluoride and home care.
Title:	<i>Keeping Your Smile a Lifetime</i>
Grade level:	Adults
General Description:	An upbeat 90's presentation that addresses the specific concerns of older adults. Depicts contemporary older adults in a variety of situations.
Title:	<i>Care of Children's Teeth</i>
Grade level:	Adults
General Description:	This video shows viewers how to take care of children's teeth from birth on, and how to prevent baby bottle tooth decay.
Title:	<i>Prevention, Ages 6 to 18</i>
Grade level:	Junior High-Adults
General Description:	This video covers permanent teeth, space maintainers, sealants, x-rays, and more.
Title:	<i>Showdown at Sweet Rock Gulch</i>
Grade level:	Elementary
General Description:	Two children knowledgeable about prevention of dental problems banish the Bad Health Gang from Sweet Rock Gulch with brushing and flossing instructions.

Title:	<i>Some Children Need Special Care</i>
Grade level:	Adult
General Description:	Methods for assisting the handicapped child to develop and maintain good oral health habits are demonstrated in this brochure.
Title:	<i>Haunted Mouth</i>
Grade level:	General
General Description:	A unique approach to preventive dentistry takes the viewer into the haunted house Plaque B (B for bacterial). Plaque B showcases hundreds of teeth destroyed by dental neglect.
Fluoride	
Title:	<i>Fluoridation: The Facts and the Challenge</i>
Grade level:	Senior High-Adults
General Description:	This video stresses the importance of fluoridated water for optimal health. The US Surgeon General, Dr. C. Everett Koop discusses the approval of water fluoridation by the US Government and other health care agencies.
Smokeless Tobacco	
Title:	<i>Smokeless Tobacco: The Problem</i>
Grade level:	Adults
General Description:	This video reveals the growing problem of smokeless tobacco use among youth in all communities.
Title:	<i>Smokeless Tobacco: The Risks</i>
Grade level:	Middle School-Senior High
General Description:	This video focuses on the health hazards associated with the use of smokeless tobacco.
Title:	<i>Smokeless Tobacco: It's Your Choice</i>

Grade level:	Kindergaraten-3rd Grade
General Description:	Bobby uses snuff and decides to quit after his dentist explains the health and risks.
Title:	<i>Smokeless Tobacco: The Sean Marsee Story</i>
Grade level:	Kindergarten-12th Grade
General Description:	This is a true story of 19 year old Sean Marsee, a long distance runner who died of oral cancer related to his use of smokeless tobacco.
Title:	<i>The Alaska News Network</i>
Grade level:	4th Grade-12th Grade
General Description:	Students are interviewed at a video game room, gymnasium, and work sight. They offer reasons for saying "no" to smokeless tobacco.
Title:	<i>The Kid and the Dipper</i>
Grade level:	4th Grade-12th Grade
General Description:	The narrator talks with a computer personality called "The Dipper." The computer's name becomes IBIQ (Intelligent Because I Quit) after it learns the danger of smokeless tobacco.
Title:	<i>The Kid and the Dipper and the Alaska News Network</i>
Grade level:	4th Grade-12th Grade
General Description:	A combination of the previous two videos.
Title:	<i>Big Dipper</i>
Grade level:	7th Grade-12th Grade
General Description:	Teenagers discuss the hazards of using smokeless tobacco.
Title:	<i>Sixty Minutes Report: Going Smokeless</i>
Grade level:	General

General Description:	The risks of smokeless tobacco are discussed by experts and users of snuff. Users explain how advertising techniques influenced their trying smokeless tobacco.
Title:	<i>Smokeless Tobacco: The Whole Truth</i>
Grade level:	General
General Description:	Facts, figures and case histories are shown to explain the harm of smokeless tobacco. Advertisements featuring famous athletes who use smokeless tobacco are also shown.
Infant Care	
Title:	<i>Baby Bottle Tooth Decay</i>
Grade level:	Senior High-Adults
General Description:	Discussion of decay and its causes. Demonstration of oral care for baby's mouth.
Title:	<i>Baby Bottle Tooth Decay (Spanish Version)</i>
Grade level:	Senior High-Adults
General Description:	Discusses baby bottle tooth decay, causes and prevention.
Title:	<i>Baby Bottle Tooth Decay (English Version)</i>
Grade level:	Senior High-Adults
General Description:	Discusses baby bottle tooth decay, causes and prevention.
Title:	<i>Bright From the Start</i>
Grade level:	Senior High-Adults
General Description:	This program discusses baby bottle tooth decay and show specific examples of what happens when infants/children are put to bed with a bottle. Some myths surrounding tooth decay in young children, proper cleaning of teeth, proper feeding techniques and importance of dental visits are also discussed.
Nutrition	

Title:	<i>Nutrition and Dental Health</i>
Grade level:	Junior High-Adult
General Description:	This program discusses how diet affects the health of the mouth as well as the body. Guidelines for sound nutrition, meal planning and snacks are included.

LITERATURE

Literature available in limited quantities.

Dental Health Education

Title:	<i>To Brush is not Enough (#96)</i>
Grade level:	General
General Description:	The formation of cavities and the techniques of brushing and flossing are explained.
Title:	<i>A Toothy Tale (#1007)</i>
Grade level:	Elementary
General Description:	Responsibility for the care of one's teeth is explained with the help of illustrations. This can be used as a coloring book.
Title:	<i>Dental Sealants (#188)</i>
Grade level:	Junior High-Adults
General Description:	This pamphlet thoroughly explains what dental sealants are and how they are used to prevent tooth decay.
Title:	<i>Importance of The Six-Year Molars (#106)</i>
Grade level:	Senior High-Adults
General Description:	The importance of the six-year molars is explained, along with ways of preventing tooth decay.
Title:	<i>Missouri Show-Me Your Smile (#339)</i>
Grade level:	Professional/Teachers (Elementary)

General Description:	This booklet provides comprehensive units to assist teachers in instructing students on a variety of subjects related to oral health care.
Title:	<i>Dental Health Guide for School Nurses</i>
Grade level:	Professional/Nurses
General Description:	A guide to administration of dental first aid, conducting oral inspections and detecting oral condition.
Fluoridation	
Title:	<i>Water Fluoridation-Nature's Way to Prevent Tooth Decay (#87)</i>
Grade level:	Junior High-Adults
General Description:	Fluoridation is explained through a report by the American Council on Science and Health.
Title:	<i>You Want Me to do What? (#75)</i>
Grade level:	Adult
General Description:	Guidelines are provided for conducting a fluoride mouthrinsing program in the classroom.
Title:	<i>Fluoride-To Protect Your Children's Teeth (#305) English Version</i>
Grade level:	General
General Description:	Lists the different types of fluoride methods one can use to assist in providing for healthy teeth.
Title:	<i>Fluoride-To Protect Your Children's Teeth (#796) Spanish Version</i>
Grade level:	General
General Description:	Lists the different types of fluoride methods one can use to assist in providing for healthy teeth.
Title:	<i>Fluoride-To Protect Your Children's Teeth (#797) Vietnamese Version</i>
Grade level:	General

General Description:	Lists the different types of fluoride methods one can use to assist in providing for healthy teeth.
Smokeless Tobacco	
Title:	<i>I Don't Chew Tobacco, I Won't</i>
Grade level:	Elementary
General Description:	This is a comic book that explains some of the results of chewing tobacco.
Title:	<i>Smokeless Tobacco: "It's Just Not Safe" (#243)</i>
Grade level:	General
General Description:	This pamphlet lists symptoms caused by smokeless tobacco.
Title:	<i>Smokeless Tobacco: "It's Just Not Safe" (#288)</i>
Grade level:	General
General Description:	This is a bookmark that lists symptoms caused by smokeless tobacco.
Title:	<i>The Spittin Image</i>
Grade level:	Professional/Teachers
General Description:	This is a teaching guide for smokeless tobacco.
Infant & Preschool Care	
Title:	<i>Dental Health for Preschool Children (#8)</i>
Grade level:	Senior High-Adults
General Description:	Information on baby teeth, child's first permanent teeth, cleaning teeth, and nutritious foods to eat to prevent tooth decay.
Senior Care	

Title:	<i>Oral Health Care Facts (#788)</i>
Grade level:	Senior High-Adults
General Description:	Information for care givers on the how's and why's of oral care for the elderly.

To request videos and/or literature, contact:
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Warehouse
Audio-Visual & Literature Distribution
PO Box 570
Jefferson City, MO 65102-0570
(573) 751-6048

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TDD users can access the above phone number by calling 1-800-735-2966.